

Religious / Spiritual Exploration and Youth Activities

CALENDAR – FALL 2011

2nd and 4th Sundays 4:00 – 5:30



- Thank you for your participation and your understanding.
- Everyone is invited, every time! Invite friends, family, *online* friends, and who else?
- This is a work in progress and will be adjusted up until we get together.

Unitarian Universalist Fellowship – 309 N Garfield, Pocatello ID 83201

Mind / Body / Soul

SEPT 25 – LOVING WHO U ARE

Presenter – **Janen Wright – Self Acceptance**, being loving and happy with who you are NOW. An agreement with yourself to appreciate, validate, accept and support who you are at this very moment, even those parts you'd like to eventually change. This meeting will be held on the comfy chairs by our office.

UU Exploration – Lynn Leonard

Inspiration – Mark Neiwirth

Facilitator – Susan Lorenz

Youth Activity – Staci Hernandez / Brayden Hernandez / Youth Leader – **Scavenger Hunt**

***Youth** - Activities planned each session for Youth Ages 3 – 20, the more the merrier. Each week there will be fun activities planned. Please email or text how many youth are attending and ages so we can plan appropriately.

OCT 9 – MIKES LOOK AT THE HUMAN CONDITION

Presenter – **Mike Thomas Ph.D. Professor of Bioinformatics – An Evolutionary Biologists look at Understanding the Human Condition.**

UU Exploration – Muriel Roberts

Inspiration – Don Allen

Facilitator – Tanner Hernandez

Youth Activity – Erin Rasmussen / PUUF Assistant – Flying Kites, 4 Square or Board Games

OCT 23 – PROPHECIES

Presenter – **Steve Lawyer – Prophecies and Psychology of Religion**

UU Exploration – Cathleen Tarp

Inspiration – Sandi Gillan

Facilitator – Muriel Roberts

Youth Activity – Janen Wright / Tara & Alexis Wright – Outside: Play games on Tennis Court Inside: Catch Phrase, Drawing, Coloring

NOV 13 – BOOK STUDY

Presenter – **Sondra Dunkle** – **Has some great ideas for one of several different books.** 1. Twelve Steps to a compassionate life by Karen Armstrong. 2. Getting to the Heart of Interfaith – Pastor MacKenzie, Rabbi Falcon, Sheikh Rahman

UU Exploration – Jim Mariani

Inspiration – Janen Wright

Facilitator – Jeff Shelton

Youth Activity – Tanner Hernandez / Brayden Hernandez / Youth Leader – **Magnifying Glass** / Rocks / Insects

NOV 27 – DEATH OF JOSSELINE

Presenter – **Muriel Roberts** – **Book, The Death of Josseline**

UU Exploration – Rose Eidemiller

Inspiration – Jim Mariani

Facilitator - Sandi Gillan

Youth Activity – Mark Roberts / Youth Leader / PUUF Assistant – Ring around the rossies, Team games in gym

DEC 11 – MEDITATION

Presenter – **Susan Lorenz** – **The benefits and how to of Meditation**

UU Exploration – Mary Gehrke

Inspiration – Diane Michel

Facilitator – Mark Neiwirth

Youth Activity – Rose Eidemiller / PUUF Assistant – Running around in circles, squares and rectangles

JAN 8 – SCIENCE AND RELIGION

Presenter – **Science AND Religion** – Planning to hear from both points of view in an open forum.

UU Exploration – Kim Smith

Inspiration – Lillian Moore

Facilitator – Tanner Hernandez

Youth Activity – / PUUF Assistant – Carnival in the gym

JAN 22 – BHAGAVAD GITA

Presenter – **Sandi Gillan - Bhagavad Gita**

UU Exploration –

Inspiration –

Facilitator -

Youth Activity – You and You / PUUF Assistant – What is a cool kids game in the gym?

Spring 2012 planning will happen before the end of this year.

PRESENTATION PORTION

UU Exploration / UU Minute – What it means to be UU. Each week we will take some time to learn what is going on in the UU world. Relate the world and topics to our seven principles, sources of our living tradition, vision and mission. This could be UU Magazine, Books, Television, Internet, Anything resource you would like. Please let the facilitator know how long it might be. 4 – 8 minutes

Inspiration - Video / Audio / Song / Music, Help renew our spirit. Find something positive and uplifting in the world and share. Please let the facilitator know how long it will be. 3 – 7 Minutes

Facilitator – Welcome / Light Chalice / Introductions – Each week we will say who we are and then something about us that will be different each time (Good to relate it to the subject or season, OR Simple things like - Favorite Ice Cream, High School, Where you were born) / Thank People involved / Transition between presenters / CLOSE meeting on time, give various participants a one minute notice when their time is up. Close meeting at 5:30 and let people know they are welcome to stay and visit for continued discussion.

Greeters – Facilitator / Inspiration / UU Exploration person – Arrive a little early and welcome people as they arrive

Presenter – We will have Audio, Video and Marker Board displays ready. Feel free to bring Visual Aids, Hands on Items and anything that can enhance the experience. We are looking to inspire learning for the Mind, Body and Soul. Each presenter will have 50 to 60 minutes. How do we touch all of the senses of sight, sound, touch, smell and taste?

Children's Activities – Have a planned activity that could be fitting to most age groups. Basketball, Board Games, Card Games, Sports, Flying Kites, Carts, Races. Locations: In the Gym, Outside, Downstairs, Other Locations.

COMMITTEE AND PLANNING

Hospitality – Setup and Take down Refreshment. Team: Sondra Dunkle, Muriel Roberts

PR – Press Releases / Emails / Articles to Voice and Worship Inserts. Mark Neiwirth

Webpage / Internet Promotions – Update page, add information about events to other websites. Jim Mariani

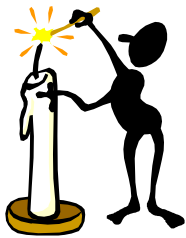
Audio / Video / Music – Setup IT and Video Equipment, Play pre meeting and brake music, Download YouTube and other Videos and have them ready for others needing them. Jim Mariani

R E Associate – Remind People involved regularly, See what A/V needs are, Communicate necessary information with those involved, Send Thank you cards to presenters, Help support other functions like keeping emails, communicate new emails and contact information to membership committee. Name tags.

Everyone – help increase the amount of people. How to get more people that can benefit from being a part of our fellowship, in turn making the fellowship stronger and better? We will be prepared to welcome up to 201 attendees.

Decoration – Help organize the decoration, setup and upgrade our space. Find good ways to make our UU Space warm and welcoming to UU's. We have permission to redecorate the Chapel and upgrade our space in other areas.

Chair – Organize / Plan / Communicate / Assist / Help others. I am here to help you! Keep attendance and award prizes for UU Spirit Awards, Person who brings the most Guests, Best Attendance, Etc.



Chair - Tanner Juan Hernandez

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