

ADULT RELIGIOUS EXPLORATION**
COVENANT FOR STUDY SESSIONS
2009/2010

We covenant to conduct our study sessions according to the seven principles of Unitarian Universalism. Specifically we respect the inherent worth and dignity of each person, we strive for justice, equity and compassion in our interactions; we accept one another and encourage individual spiritual growth; and we undergo a free and responsible search for truth and meaning.

Common guidelines by which we covenant to abide include:

1. Maintain confidentiality – don't repeat personal stories outside the group.
2. Make personal "I" statements – don't generalize or speak for others.
3. Listen fully to others; do not interrupt.
4. No one is ever required to speak, and prompting is not required in order to speak.
5. Keep contributions short so others have a chance to express themselves.
6. Do not attempt to impose your personal or religious beliefs upon another.
7. Turn off pagers and cell phones during sessions.
8. Arrive on time so sessions can begin and end on time – don't impose upon other's schedules.
9. Arrive early occasionally, or stay late to help with setup/cleanup.
10. Share in bringing group snacks, refreshments.
11. Share in preparation of, and opening and closing readings.

***Prior to joining the study sessions, ARE participants will sign and agree to abide by the covenant.